



## Home Activities

Here are some activity ideas for you to try at home, all activities are from my own experience! I hope you find them useful, have fun!



**Stop, look & listen.... whether your inside or out. Great to provoke conversation and an opportunity to introduce new words.** You could have a conversation later in the day asking your child "What did you see?" "What did you hear?" "What did you touch and find?" You could use pictures from google to support your findings! Be enthusiastic and enjoy!!

A tube such as a kitchen roll, can be used to support this, a telescope!  
"What can you see?"



**Save any clean boxes, catalogue books and containers to use for junk modeling!**

Water and flour make a great glue substitute if you don't have any. Younger children may simply enjoy ripping the pages of a big catalogue book, early mark marking!



**Enjoying nursery rhymes with your baby/little one can be a lovely social part of the day!**

Zoom, zoom, zoom, Little Peter Rabbit, Humpty Dumpty & Miss Polly are great rhymes



**Object Tracking**

Any object such as a ball, can be used for eye-tracking.... moving an object side to side slowly.



**Find any clean plastic container, fill this with water and use children's paint brushes (or you could use a spiky ball, or sponge) to mark make outside on the floor and on the walls!**

From my experience children love this! So much learning, great to be outside, while also keeping the mess outside, which dries clear! Win, win! Rolling a ball through a puddle of water is great exploration and mark making!



**Make a treasure basket out of kitchen wears!**

Wooden spoons, metal spoons of different sizes, mixing bowls, new cloths, tea towels, saucepans. Traditionally anything made from natural material is ideal. Items of different shape and textures. A plastic biscuit cutter of different shapes/sizes would be okay even though it's plastic.

Safety Note: Please check items are not sharp and don't have any loose parts before giving to your baby. This activity is ideally aimed at babies that are sitting, but you can put these objects of interest in front of a baby practicing tummy time.



**Try rolling a ball or car towards an older baby**

Encouraging the item to be returned! This an excellent co-operative activity, builds social skills, confidence and concentration!



**Can you find your nose, eyes, and ears?**

Older babies love this simple awareness activity!

**Safety Notice: All activities recommended are entirely at the supervising adults' risk, please take responsible care. Have fun!**

Please feel free to like our Playtimes Facebook page or Instagram page, simply search 'Playtimes' and look for the rainbow!

We also have a Playtimes community page... feel free to add a join request! It would be lovely to see any pictures of your little ones enjoying Playtimes @home activities.